

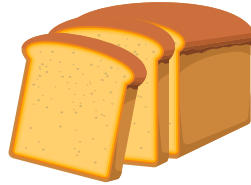
FOOD BANK OF DELAWARE

FY 2023 FAST FACTS

July 1, 2022 - June 30, 2023



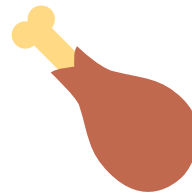
16,597,175 pounds of food brought in



17,221,051 pounds of food distributed



3,619,934 pounds of produce distributed



3,010,509 pounds of meat distributed

Food distribution by county

10,015,944 pounds in New Castle County

3,998,079 pounds in Kent County

3,207,028 pounds in Sussex County

In 2021, 1 in 10 Delawareans were food insecure.



18,603
volunteer visits

55,105
hours donated
Equals 27 full-time staff members Sign up: www.fbd.volunteerhub.com

8,404
unique visits



761
Partners



278,963 backpack meal kits distributed



67,921 home deliveries made through Amazon and DoorDash



737 mobile pantries received 80,291 household visits



91 Delaware Food Works graduates



50,309 household visits at the on-site Healthy Pantry Centers



881 benefits applications submitted for Delawareans

PROGRAM HIGHLIGHTS FISCAL YEAR 2023

July 1, 2022 - June 30, 2023

Delaware Food Works

- The Culinary School is a free 14-week program for unemployed, underemployed, returning citizens, and those in career transition that teaches basic and high-end kitchen skills, ServSafe training and life skills, culminates with a 2 week paid work experience. In FY23, 42 students graduated from the program.
- The Kitchen School is a free 12-week program for adults with disabilities. Students spend 8 weeks at the Food Bank kitchen in Newark or Milford; after that, an additional four weeks is spent transitioning to permanent employment through on-site job coaching. In FY23, 20 students graduated from the program.
- Our Summer Culinary Exploration Program provides introductory training to young adults ages 16-22 with intellectual disabilities. Last year, 15 students completed the program.
 - In addition to workforce training programs, the culinary team also runs the Discover Cafe, an on-site cafe at the Newark facility that serves lunch and sells fresh produce from the Food Bank farm, ice cream, cheese, frozen meals and soups, local meats, honey, jam, hot sauce and more. A similar cafe will operate in Milford.
 - Catering and weekly soup/salad sales also help support student scholarships to the culinary training programs.
- L.O.G.I.C. (Logistics, Operations, General Warehousing and Inventory Control) is a free 14-week training program that prepares students for careers in the warehousing/logistics industry. Students can earn four certifications and learn how to use warehouse machinery. In the 2023 fiscal year, we had 29 graduates.

Food Distribution

- Backpack Program: At peak distribution, 7,748 children received meal bags through the Backpack Program. 239,772 meal bags were distributed through 183 statewide sites. An additional 39,181 kits were distributed through mobile pantries, homeless meal programs and home delivery. It costs \$300 to provide a child with food for an entire year.
- Hunger Relief Partners: The Food Bank of Delaware distributes no-cost food to 221 partner agencies throughout the state. Last year, these partners received 5,080,784 pounds of food from the Food Bank.
- Mobile Pantry: The mobile pantry truck visits a variety of organizations, neighborhoods and other community locations. Households in need of assistance receive a variety of food including nonperishable, bakery items, meats, dairy and produce depending on availability. Last year, 737 mobile pantries were held at 322 partnering sites, receiving a total of 80,291 households; 4,633,555 pounds were distributed.
- Senior Nutrition: Last year, we distributed 15,467 meal boxes to seniors (60+) through the monthly distribution of the USDA funded Commodity Supplemental Food Program and private funding through the Palmer Home Foundation.
- Home delivery of food is available through partnerships with DoorDash and Amazon. Last year we made 3,269 home deliveries through DoorDash and 64,652 deliveries through Amazon.
- Healthy Pantry Center: On-site food pantries are located in both the Newark and Milford warehouses. Last year 50,309 households were served and 2,125,723 pounds of food were distributed.

Nutrition Education & Community Outreach:

- SNAP and WIC Education: The team teaches people how to shop using their SNAP/WIC dollars, cook healthy meals and stay physically active. Nutrition Education includes: in-person or virtual classes, food demos, distribution and development of recipes and informational materials, and participation in and support for community and outreach events. The team also worked with 66 partner food pantries to assist them in distributing nutritious food and encouraging recipients to make healthy choices. This includes: signage, posters, product placement and information on how to stretch food dollars. Last year, 4,717 adults and children received direct education. Indirectly through flyers and other materials, the team reached 69,144 Delawareans.
- Last year Benefits Outreach Coordinators submitted 818 benefits applications on behalf of Delawareans. Approved SNAP applications resulted in an estimated \$1.6 million in benefits generated and an overall estimated local economic impact of \$2.5 million.
- The FBD serves as a community partner to deliver Stand by Me financial coaching to the public. Last year, our financial coach assisted 186 participants. Coaching resulted in an average total debt reduction of \$3,838.36 per participant and \$3,794.83 average increase in savings per participant.

Food Bank Farm

- A 5-acre farm is located at the Food Bank's Newark facility. Last year, 16,408 pounds of produce were harvested. Produce is distributed at no cost through the Healthy Pantry Center, sold in the on-site Discover Cafe and through a weekly produce bundle and featured in culinary catering dishes.